

LIONVILLE COMMUNITY YMCA

Summer Gym Schedule

| Time | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | | Sunday | | | | | | | |
|---------|--------------------------|----------|-------------------------------|-------------------------------|---------------------------------------|---------------------------------|-------------------------------|-------------------------------|---------------------------|----------|-------------------------------|-------------------------------|--------------------------------------|---|-----------------------------|--------------------------------------|----------|--|--------------------------------------|--|
| Side | A | B | A | B | A | B | A | B | A | B | A | B | A | B | | | | | | |
| 5:00am | Boot Camp 5:30-6:30AM | Open Gym | Open Gym | | Boot Camp 5:30-6:30AM | Open Gym | Open Gym | | Boot Camp 5:30-6:30AM | Open Gym | | | | | | | | | | |
| 6:00am | | | | | | | | | | | | | | | | | | | | |
| 7:00am | | | | | | | | | | | | | | | | | | | | |
| 8:00am | | | | | | | | | | | Open Bball 18+ 7-9:30AM | Open Bball 18+ 7-9:30AM | Open Gym | | | | | | | |
| 9:00am | <i>Camp 8am -4:30pm</i> | | <i>Camp 8am -4:30pm</i> | | <i>Camp 8am -4:30pm</i> | | <i>Camp 8am -4:30pm</i> | | <i>Camp 8am -4:30pm</i> | | Open Gym | | | | | | | | | |
| 10:00am | | | Sports Classes 9:15-9:45 | Silver Snkers 9:30-10:30 | | | Sports Classes 9:15-9:45 | Silver Snkers 9:30-10:30 | | | | | | | | | | | | |
| 11:00am | | | Sports Classes 10:00-10:45 | Basic Training 10:45-11:45 | | | Sports Classes 10:00-10:45 | Basic Training 10:45-11:45 | | | | | | | | | | | | |
| 12:00pm | | | | | | | | | | | | | | | | | | | | |
| 1:00pm | | | | | | | Silver Snkers 12:30-1:30 | | | | | | | | Silver Snkers 12:30-1:30 | | | | | |
| 2:00pm | | | | | | | | | | | | | | | | | | | | |
| 3:00pm | | | | | | | | | | | | | | | | | | | | |
| 4:00pm | | | | | | | | | | | | | | | | | | | | |
| 5:00pm | | | | | | | Open Gym | | | | | | | | Open Gym | | Open Gym | | Open Gym | |
| 6:00pm | | | | | | | Open Gym | | | | | | Sports Classes 5:00-6:45 PM | | | Sports Classes 5:00-6:45 PM | | | Sports Classes 5:00-6:45 PM | |
| 7:00pm | | | | | | | | | | | | | | | | | | | | |
| 8:00pm | | | | | Men's Basketball League 7pm-10pm | | | | Open Volleyball 7-10PM | | | | | | | | | | | |
| 9:00pm | | | | | Open Men's Basketball 7:45-10PM | Open Wom. Bball 7:45-10PM | | | | | | | | | | | | | | |
| 10:00pm | | | | | | | | | | | | | | | | | | | | |

***Schedule is subject to change.

Check lionvillemca.org for the latest schedule.

updated 7/19/10

We build strong kids, strong families, strong communities.