



# AQUATICS

## Pool Schedule June 26 – August 15, 2010

Rev. 7/22/2010

### A POOL

#### Monday / Wednesday

5:30-7:30	3 Lap / 3 Open
7:30-9:00	2 Lap / 4 Fitness
9:00-10:00	1 Lesson / 5 Fitness <b>(NO OPEN / NO LAP)</b>
10:00-11:00	1 Lap / 2 Open / 3 Lesson
11:00-12:00	6 Fitness <b>(NO OPEN)</b>
12:00-3:00	1 Lap / 2 Open / 3 Lesson
3:00-4:00	2 Open / 3 Lesson / 1 Team
4:00-7:00	2 Open / 4 Lesson
<b>Monday Evening</b>	
7:00-8:00	3 Fit / 3 Lessons <b>(NO OPEN)</b>
8:00-9:00	2 Lap / 2 Open / 2 SCUBA
9:00	CLOSED

#### Wednesday Evening

7:00-8:00	2 Open / 4 Lesson
8:00-9:00	3 Lap / 3 Open
9:00	CLOSED

#### Tuesday / Thursday

5:30-9:00	3 Lap / 3 Open
9:00-10:00	1 Lap / 1 Lesson / 4 Fitness <b>(NO OPEN)</b>
10:00-12:00	1 Lap / 2 Open / 3 Lesson
12:00-1:00	1 Lap / 1 Lesson / 4 Fitness <b>(NO OPEN)</b>
1:00-4:00	1 Lap / 2 Open / 3 Lesson
4:00-6:30	2 Open / 4 Lesson
6:30-7:00	2 Open / 4 Lesson (Fit-Deep)
7:00-8:00	2 Open / 1 Lesson / 3 Fit
8:00-9:00	3 lap / 3 Open
9:00	CLOSED

Hot Tub closes at 9:00pm M-F  
and 7:30 on the weekends

#### Friday

5:30-7:30	3 Lap / 3 Open
7:30-9:00	2 Lap / 4 Fitness
9:00-10:00	1 Lap / 5 Fitness <b>(NO OPEN)</b>
10:00-11:00	2 Lap / 4 Open
11:00-12:00	6 Fitness <b>(NO OPEN)</b>
12:00-3:30	1 Lap / 2 Open / 3 Lesson
3:30-4:00	2 Lap / 3 Open / 1 Team
4:00-6:00	3 Lap / 3 Open
6:00 - 8:00	2 Lap / 3 Open / 1 Lesson
8:00 - 9:00	3 Lap / 3 Open
9:00	CLOSED

#### Borst Pool

11:00 AM - 7:45 PM (5 Open / 1 Lap)  
Monday - Sunday  
**(Closes at 7pm 8/12 for Flick n' Float)**

#### Saturday

6:00-9:00	3 Lap / 3 Open
9:00-12:00	6 Lessons <b>(OPEN swim in Lap Pool)</b>
12:00-1:00	2 Lap / 2 Open / 2 Lesson
1:00-7:30	3 Lap / 3 Open
7:30	CLOSED

#### Sunday

8:00-12:00	3 Lap / 3 Open
1:00 -3:00	2 Lap / 3 Open / 1 Lesson
3:00-7:30	3 Lap / 3 Open
7:30	CLOSED

#### Froggy (Y) Pool

11:00 AM - 7:45 PM  
Monday - Sunday



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### B Pool

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
5:30-9:30	6 Lap	5:30-9:30	6 Lap	5:30-9:30	6 Lap	5:30-9:30	6 Lap	5:30-9:30	6 Lap	6:00 - 7:45pm	6 Lap
9:30-4:00	5 Camp Lessons / 1 Lap	9:30-4:00	5 Camp Lessons / 1 Lap	9:30-4:00	5 Camp Lessons / 1 Lap	9:30-4:00	5 Camp Lessons / 1 Lap	9:30-4:00	5 Camp Lessons / 1 Lap	7:45	CLOSED
4:00 - 9:45	6 Lap	4:00 - 9:45	6 Lap	4:00-6:00	4 Lap / 2 Team (8/4 Only)	4:00-5:00	6 Lap	4:00-5:00	6 Lap	<b>Sunday</b>	
				6:00 - 9:45	6 Lap	5:00-7:00	4 Lap / 2 Team (8/5 Only)	5:00-6:00	4 Lap / 2 Team (8/5 Only)	8:00-7:45	6 Lap
9:45	CLOSED	9:45	CLOSED	9:45	CLOSED	9:45	CLOSED	9:45	CLOSED	7:45	CLOSED

### 50 Meter Pool

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
5:30-6:30	4 Lap / 2 Masters	5:30-6:30	4 Lap / 2 Masters	5:30-6:30	4 Lap / 2 Masters	5:30-6:30	4 Lap / 2 Masters	5:30-6:30	4 Lap / 2 Masters	6:00-7:45 pm	6 Lap
6:30-8:30	4 Lap / 2 Team (8/2 Only)	6:30-8:30	4 Lap / 2 Team (8/3 Only)	6:30-8:30	4 Lap / 2 Team (8/4 Only)	6:30-8:30	4 Lap / 2 Team (8/5 Only)	6:30-8:30	4 Lap / 2 Team (8/6 Only)		
8:30-10:30	6 Lap	8:30-5:00	6 Lap	8:30-10:30	6 Lap	8:30-5:00	6 Lap	8:30-10:30	6 Lap	7:45	CLOSED
10:30-12:00	4 Lap / 2 Masters			10:30-12:00	2 Lap/2 Masters/2			10:30-12:00	4 Lap / 2 Masters		
12:00-5:00	6 Lap	12:00-5:00	6 Lap	12:00-5:00	6 Lap	12:00-5:00	6 Lap	12:00-5:00	6 Lap	<b>Sunday</b>	
5:00-7:00	4 Lap / 2 Team (7/26 Only)	5:00-7:00	4 Lap / 2 Team (7/27 Only)	5:00-7:00	4 Lap / 2 Team (7/28 Only)	5:00-7:00	4 Lap / 2 Team (7/29 Only)	5:00-7:00	4 Lap / 2 Team (7/30 Only)	8:00-9:00	6 Lap
7:00-8:00	4 Lap / 2 Triathlon	7:00-9:00*	6 Lap	7:00-9:00*	6 Lap	7:00-8:00	4 Lap / 2 Triathlon	7:00-8:00	4 Lap / 2 Triathlon	9:00-10:30	2 Lap / 4 VFM
8:00-9:00*	6 Lap							8:00-9:00*	6 Lap	8:00-9:00*	6 Lap
9:00	CLOSED	9:00	CLOSED	9:00	CLOSED	9:00	CLOSED	9:00	CLOSED	7:45	CLOSED

sunlight

### Bubble / Lap Pool

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
5:30-10:00	CLOSED	5:30-10:00	CLOSED	5:30-10:00	CLOSED	5:30-10:00	CLOSED	5:30-10:00	CLOSED	6:00-8:00	CLOSED
10:00-11:00	5 Fitness / 1 Lap	10:00-4:00	CAMP REC	10:00-11:00	5 Fitness / 1 Lap	10:00-4:00	CAMP REC	10:00-11:00	5 Fitness / 1 Lap	8:00-8:45	3 Lap / 3 Open
11:00-4:00	CAMP REC			11:00-4:00	CAMP REC			11:00-4:00	CAMP REC	8:45-10:00	3 Open / 3 Fitness
		4:00-7:00	6 Lap	4:00-7:00	4 Lap / 2 Lesson	4:00-7:00	6 Lap	4:00-7:00	6 Lap	10:00-1:00	3 Lap / 3 Open
7:00	CLOSED	7:00	CLOSED	7:00	CLOSED	7:00	CLOSED	7:00	CLOSED	1:00 - 5:00	PARTY RENTALS
										5:00	CLOSED
										<b>Sunday</b>	
										8:00-1:00	CLOSED
										1:00-5:00	PARTY RENTALS
										5:00	CLOSED