

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	14-Dec	15-Dec	16-Dec	17-Dec	18-Dec	19-Dec
7:30 AM	Deep Water Exercise Cathy		Deep Water Exercise Ruth		Deep Water Exercise Jackie	
8:00 AM	Cardio Wet Style Cathy		Cardio Wet Style Ruth		Cardio Wet Style Jackie	
9:00 AM	AquaFit Joan	Aquatic T'ai Chi Cathy	AquaFit Joan	Aquatic T'ai Chi Cathy	AquaFit Joan	Aquafit Sally
10:00 AM	Aqua Fit Plus Joan		Aqua Fit Plus Joan		Aqua Fit Plus Joan	
11:00 AM	Arthritis/ Healthy Back Cinda/Debby		Arthritis Ease/ Healthy Back Doris/Fran		Arthritis Ease/ Healthy Back Cinda/Debby	
12:00 PM		WET Jane		WET Jane		
6:30 PM		Deep Water Howard		Deep Water Howard		
7:00 PM	WET	Aqua Fit Mary				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	21-Dec	22-Dec	23-Dec	24-Dec	25-Dec	26-Dec
7:30 AM	Deep Water Exercise Cathy		Deep Water Exercise Jackie	No Classes	YMCA Closed	No Classes
8:00 AM	Cardio Wet Style Cathy		Cardio Wet Style Jackie			
8:30 AM						
9:00 AM	AquaFit Jean	Aquatic T'ai Chi Cathy	AquaFit Jean			
10:00 AM	Aqua Fit Plus Jean		Aqua Fit Plus Jean			
11:00 AM	Arthritis/ Healthy Back Cinda/Debby		Arthritis Ease/ Healthy Back Doris/Fran			
12:00 PM		WET Jane				
6:30 PM		Deep Water Howard				
7:00 PM	WET	Aqua Fit Mary				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	28-Dec	29-Dec	30-Dec	31-Dec	1-Jan	2-Jan
7:30 AM	Deep Water Exercise Cathy		Deep Water Exercise Jackie		No Classes	No Classes
8:00 AM	Cardio Wet Style Cathy		Cardio Wet Style Jackie			
9:00 AM	AquaFit Joan	Aquatic T'ai Chi Cathy	AquaFit Joan	Aquatic T'ai Chi Cathy		
10:00 AM	Aqua Fit Plus Joan		Aqua Fit Plus Joan			
11:00 AM	Arthritis/ Healthy Back Cinda/Doris		Arthritis Ease/ Healthy Back Jean/Debby			
12:00 PM		WET : Cancelled		WET Cancelled		
6:30 PM		Deep Water Howard		Deep Water Cancelled		
7:00 PM	WET: CANCELLED	Aqua Fit Mary				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4-Jan	5-Jan	6-Jan	7-Jan	8-Jan	9-Jan
7:30 AM	Deep Water Exercise Cathy		Deep Water Exercise Jackie		Deep Water Exercise Jackie	
8:00 AM	Cardio Wet Style Cathy		Cardio Wet Style Jackie		Cardio Wet Style Jackie	
9:00 AM	AquaFit Joan	Aquatic T'ai Chi Cathy	AquaFit Joan	Aquatic T'ai Chi Cathy	AquaFit Joan	Aquafit Sally
10:00 AM	Aqua Fit Plus Joan		Aqua Fit Plus Joan		Aqua Fit Plus Joan	
11:00 AM	Arthritis/ Healthy Back Cinda/Debby		Arthritis Ease/ Healthy Back Doris/Fran		Arthritis Ease/ Healthy Back Cinda/Debby	
12:00 PM		WET Jane		WET Jane		
6:30 PM		Deep Water Howard		Deep Water Howard		
7:00 PM	WET :Barbara	Aqua Fit Mary				